

**Ministry of Health of the Republic of Belarus  
educational institution  
"Gomel State Medical University"**

Department of General and Clinical Pharmacology

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**METHODOLOGICAL RECOMMENDATIONS**

for conducting a practical lesson on the optional course  
"Practical Pharmacology" in the discipline "Pharmacology"  
with students 3-year faculty of foreign students,  
studying at the specialty 1-79 01 01 "General Medicine"

**TOPIC 5: "PRACTICAL PHARMACOLOGY AND APPROACHES TO THE SE-  
LECTION AND THE USE OF MEDICINES FOR THE TREATMENT RESPIRA-  
TORY DISEASES»**

Time: 2 hours

Approved at the meeting of the department of general and clinical pharmacology  
the protocol № 18 of 30.06.2022

## **LEARNING AND EDUCATIONAL GOALS, OBJECTIVES, MOTIVATION FOR LEARNING THE TOPIC**

An extensive group of pathological conditions that doctors constantly encounter are diseases of the respiratory system. One of the main places among them is occupied by diseases of the broncho-pulmonary system. Due to the variety of mechanisms of development of these diseases, the complexity of the processes of regulation of the activity of the respiratory organs, a number of difficulties arise in the treatment of diseases of this system. Therefore, the section of pharmacology devoted to the treatment of respiratory diseases, having a very significant medical and social significance, is one of the most difficult for students to master and one of the most difficult for teaching, which necessitates a thorough and detailed study of this problem.

### **Learning goal:**

- formation of specialized knowledge on the rational choice of drugs used in pulmonology, taking into account the pathogenesis, stages of development and severity of the disease and the presence of concomitant diseases; familiarize with the methods of control and criteria for the effectiveness and safety of the therapy.

### **Educational purpose:**

- to develop one's value-personal, spiritual potential, to form the qualities of a patriot and a citizen, ready for active participation in the economic, industrial, socio-cultural and public life of the country; to realize the social significance of their future professional activities, learn to observe educational and labor discipline, norms of medical ethics and deontology.

### **Tasks:**

As a result of the training session, the student must

#### **know:**

- classification and main characteristics of the studied drugs, pharmacodynamics and pharmacokinetics, indications and contraindications for their use, side effects;
- features of pharmacokinetics and pharmacodynamics of the studied drugs, advantages and disadvantages of various dosage forms used in medical practice;
- principles of research and testing of new medicines; information-reference and search systems.

#### **be able to:**

- analyze the effect of drugs on the topic of the lesson in terms of the totality of their pharmacological properties and the possibility of their use in medical practice; write them out in prescriptions;
- be able to use various dosage forms of the studied drugs, based on the characteristics of their pharmacodynamics and pharmacokinetics;
- be able to work with scientific literature, search for information about the use and effect of the studied drugs.

#### **own:**

- rules for prescribing study drugs in the treatment of various diseases and pathological conditions, taking into account indications;

- skills of choosing medicines on the topic of the lesson;
- skills of searching, analyzing and summarizing information about the use and operation of fixed assets on the topic of the lesson.

### **Motivation for mastering the topic:**

The specifics of training doctors in the specialty 1-79 01 01 "Medicine" determines the need for students to purposefully study knowledge about practical pharmacology and approaches to the selection and use of medicines on the topic of the lesson.

## **MATERIAL EQUIPMENT**

Reference and information literature, schemes, tables, presentations, collection of medicines.

## **CONTROL QUESTIONS FROM RELATED DISCIPLINES**

- **from biochemistry and physiology:** physical properties and structure of cell membranes, transport of substances through biological membranes in normal and pathological conditions;
- **from general and bioorganic chemistry:** basics of chemical kinetics and catalysis, buffer solutions and systems, pH calculation;
- **from biochemistry:** the kinetics of enzymatic reactions, the Michaelis-Menten kinetics equation, the concept of enzyme inhibitors, types of enzyme inhibitors;
- **from pathological physiology:** cell damage, disorders of protein, fat, carbohydrate and mineral metabolism, disorders of local and general circulation, immunopathological processes, allergies, inflammation, pathology of the respiratory system;
- **from the Latin language:** the basic rules for harmonizing parts of speech and the design of prescription prescriptions when prescribing drugs.

## **CONTROL QUESTIONS ON THE TOPIC OF THE LESSON**

- 1 Classification and pharmacological characteristics of antitussive and expectorant drugs according to the points of application of action.
2. Drugs for the relief of broncho-obstructive syndrome: beta-2-adrenergic agonists, M-anticholinergics, xanthines, combined drugs: approaches to selection and use. Principles of relief of an attack of bronchial asthma, depending on the severity.
3. Medicines for basic anti-inflammatory therapy of bronchial asthma: glucocorticoids, leukotriene receptor antagonists, recombinant monoclonal antibodies. Pharmacokinetic and pharmacodynamic features. The choice of a drug, its dosing regimen and method of administration. Methods for evaluating efficiency and safety. Diagnosis, correction and prevention of adverse reactions.
4. Pulmonary edema and the basics of pharmacotherapy.

## **PROCEDURE OF THE LESSON**

### **Theoretical part**

1. Козловский В.И. Основы фармакологии = Essentials of Pharmacology: студентов учреждений высшего образования, обучающихся по специальностям 79-01 01 «Лечебное дело» / В. И. Козловский (и др.). Гродно: ГрГМУ 2019. — Р. 140-144.

### **Practical part**

- 1) Review the theoretical material demonstrated by the teacher;
- 2) Master the methodology for solving problems and writing prescriptions on the topic of the lesson.

### **Control of the assimilation of the topic**

It is carried out in the form of independent written work (solving practical problems and writing prescriptions for an individual assignment).

## **METHODOLOGICAL RECOMMENDATIONS FOR ORGANIZING AND PERFORMING IWS**

### **The time allotted for independent work can be used by students for:**

- preparation for practical exercises;
- preparation of thematic reports, abstracts, presentations;
- note-taking of educational literature.

### **The main methods of organizing independent work:**

- fulfillment of test tasks and practical tasks of the EUMC for self-control and self-assessment.

### **The list of tasks of the SRS:**

- solution of practical problems of EUMC;
- performance of test tasks EUMK.

### **SRS control is carried out in the form:**

- evaluation of an oral answer to a question, message, report or problem solving in practical classes;
- individual conversation.

## **METHODOLOGICAL RECOMMENDATIONS FOR THE ORGANIZATION AND IMPLEMENTATION OF IIWS**

### **Recommended forms of organization of the IIWS:**

- writing an essay on a given topic;
- preparation of a report and multimedia presentation on a given topic.

### **List of IIWS tasks:**

#### **Topics of abstracts / multimedia presentations:**

1. Acute respiratory infections: modern approaches to pharmacotherapy.
2. COPD: basics of pathogenesis and treatment.
3. Aspirin asthma: diagnosis and principles of treatment.
4. Asthma of physical effort: diagnosis, clinic and treatment.
5. Acute adrenal insufficiency: diagnosis and treatment.

### **Forms of monitoring the implementation of the IIWS:**

- checking and evaluating the abstract on a given topic;
- checking and evaluating a multimedia presentation on a given topic.

## LIST OF USED SOURCES

1. Харкевич, Д. А. Фармакология : учебник для использования в учеб. процессе образоват. организаций, реализующих программы высш. образования по специальностям 33.05.01 "Фармация", 31.05.01 "Лечеб. дело", 31.05.02 "Педиатрия", 32.05.02 "Мед.-профилакт. дело", 31.05.03 "Стоматология" / Д. А. Харкевич. - 12 изд., испр. и доп. - Москва : ГЭОТАР-Медиа, 2017. - 754 с. : ил., табл., фот. - Рек. ФГАУ "ФИРО".
2. Козловский В.И. Основы фармакологии = Essentials of Pharmacology: студентов учреждений высшего образования, обучающихся по специальностям 79-01 01 «Лечебное дело» / В. И. Козловский (и др.). Гродно: ГрГМУ 2019. - Рек. УМО по высш. мед., фармацевт. образованию.
3. Конорев, М. Р. Курс лекций по фармакологии. В 2 т. Т. 2, ч. 1 : для студентов 3 и 4 курсов фармацевт. фак. учреждений высш. образования, обучающихся по специальности 1 - 79 01 08 "Фармация" / М. Р. Конорев, И. И. Крапивко, Д. А. Рождественский ; УО "ВГМУ", Каф. общей и клинической фармакологии с курсом ФПКИПК. - Витебск: ВГМУ, 2019. - 294 с.: ил., табл. - Рек. УМО по высш. мед., фармацевт. образованию.
4. Конорев, М. Р. Курс лекций по фармакологии. В 2 т. Т. 2, ч. 2 : для студентов 3 и 4 курсов фармацевт. фак. учреждений высш. образования, обучающихся по специальности 1 - 79 01 08 "Фармация" / М. Р. Конорев, И. И. Крапивко, Д. А. Рождественский ; УО "ВГМУ", Каф. общей и клинической фармакологии с курсом ФПКИПК. - Витебск: ВГМУ, 2019. - 165 с.: ил. - Рек. УМО по высш. мед., фармацевт. образованию.
5. Михайлова Е.И. Общая фармакология: студентов учреждений высшего образования, обучающихся по специальностям 79-01 01 «Лечебное дело», 79-01 04 «Медико-диагностическое дело» / Е. И. Михайлова (и др.). Гомель: ГомГМУ 2020. — 54 с.
6. Аляутдин, Р.Н. Фармакология : учебник для использования в учеб. процессе образоват. организаций, реализующих программы высш. образования по специальностям 33.05.01 "Фармация", 31.05.01 "Лечеб. дело", 31.05.02 "Педиатрия", 32.05.02 "Мед.-профилакт. дело", 31.05.03 "Стоматология" / Р.Н. Аляутдин. - 3 изд., испр. и доп. - Москва : ГЭОТАР-Медиа, 2022. - 352 с. : ил., табл., фот. - Рек. ФГАУ "ФИРО". — Текст : электронный // Консультант студента : [сайт]. — URL : <https://www.studentlibrary.ru/book/ISBN9785970468180.html>.